

Lakeview Child & Family Services, LLC

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lakeviewcfs.com

In-home Family Counseling Services

Lakeview Child & Family Services works with families who In-home services better meets the needs of the client. This allows the therapist to be a part of the family dynamics which helps in addressing their needs. Meeting in the family home many times is more convenient and can save the family precious time and money. In-home services may make the client feel more at ease rather than having to be involved in outpatient services or meeting in a school which is not as private. Most insurances do not cover In-home services but DHS is able to offer this as an added benefit to the clients.

Description of Counseling

Lakeview Child & Family Services utilizes cognitive behavioral therapy, solution focused therapy and motivational interviewing to assist clients in finding solutions to their problems. These methods are designed to help individuals feel validated and empower them to make decisions that will improve their life.

In addition, LCFS is certified to teach the **Nurtured Heart Approach**® developed by Howard Glasser to children and families to aid in identifying positive qualities and strengths in themselves and their families. This approach has been successful working with children and families in Head Start, elementary, junior high and high schools around the nation as well as other mental health facilities around the world.

Lakeview Child & Family Services provides counseling for individuals, couples, families, children and adolescents who may be experiencing the effects of depression, anxiety, grief and loss, domestic violence, sexual abuse, other types of trauma as well as other mental health issues. Lakeview Child & Family Services also provides clients with psycho-education to assist them with understanding their situation as well as providing information on how to manage their difficult lives. This includes teaching coping mechanisms to help manage anxiety, anger and other effects of trauma which allows the client to handle situations and their emotions better.

Other mental health issues that are addressed are: ADHD, bipolar disorder, anger and stress management, social skills development, relationship conflicts, life transitions and stressors.